



Popoki's Hot News!

Coming soon!

"Report meeting: Popoki in Otsuchi and Ofunato, 2019!"

2019.4.20 Kobe Student Youth Center

For details, please see page 6.



Piece of Peace

One of Popoki's friends, Rinanyan, sent the following piece of peace: "I like nature. Recently due to global warming the glaciers in Antarctica have begun melting at an alarming rate. As a result water levels are rising. Similarly mechanization is causing deforestation. So protecting nature is important to

me and brings me peace."

What sort of 'peace' did you encounter today? Please contribute a bit of peace! Please let us know by sending a message to Popoki's e-mail:

[ronniandpopoki \(at\) gmail.com](mailto:ronniandpopoki@gmail.com) !



Thoughts from Popoki

Popoki will soon be saying 'Good luck and take care!' to some old friends and hopefully 'Welcome!' to some new ones.

If you'd like to meet Popoki, please let us know!

Report on “Pot Luck Party with Drawings & Picture Books & Medical Care & Disaster Part 2”

Mori nyan

The first workshop of this year, “Pot Luck Party with Drawings & Picture Books & Medical Care & Disaster Part 2” was held on January 13th. It was a wonderful two hours and a half. The content included reports by two guests from Tohoku area, the picture-story show and the drawing time. The guest speakers were Sachiko MOTOMOCHI managing her NPO called *Tsudoi* in Otsuchi town, Iwate Prefecture, and Shuji AKAGI, a photographer and high school fine arts teacher from Fukushima Prefecture.

Akagi-san talked about the situation after the disaster and nuclear accident in Fukushima with his photos of ordinary days. One of his stories of changes was that books called, “How to hush the anxiety” were sold in convenience stores. I was very shocked to hear that. He pointed out that the determination criteria changed in people and the government from whether it was in fact safe or not, to whether it feels safe or not. It was an unbelievable story, but actually our government responded to the accident by not giving important information necessary for us to protect ourselves at that time in order to avoid causing panic.

In another talk, by Motomochi-san, she asked us what we thought she took immediately after the disaster occurred. Her answer was chocolate given to her by her friend. She said she kept the chocolate in her bag for three months like an amulet. Her story made us think about what is the “needed” thing when you are in a disaster

The story I found impressive from both speakers was that after the disaster, they began wearing dark colors even though he and she liked other colors. That story made me imagine how our lives would be changed after facing the disaster.

The second session was the drawing. We separated into 4 groups and chose one theme from several to discuss and then to express it by drawing. Our group discussed “Where is your safe place? What things make you feel safe?” The elementary school children in the group drew their houses. The girl also drew “Koume chan,” her sweet pet rabbit, who attended with her. The boy drew game or anime characters he loved, too. He explained that the character could fly through the sky! It might be true that it would be safe if we can fly in a disaster.

I drew milk and a feeding bottle. These are a must! I have no idea except for milk to take care of my son (a 7 month-old baby). I also drew my son as well. If I faced a disaster, I would check my son first. And I drew many people who care about him surrounding my

son.

After my childbirth, I began feeling safe when many people talk to us. During pregnancy, I felt alone because most people do not notice or help me. Taking the bus was very hard for me during my pregnancy. However, the situation has changed. Most of people are very kind and cooperative now. I imagine that under the situation of disaster, such kind of kindness or concern would encourage and release me because I would be in a panic.

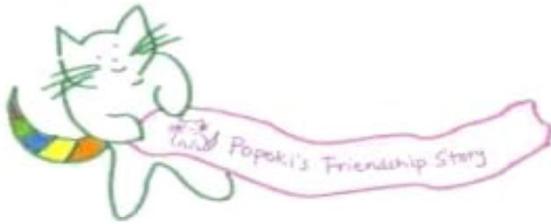
Through the drawing workshop and speaker's stories, I was aware of the power of color. At the sharing time, I learned that color could express different things depending on the details and gradation. For example, if we say "darkness" it is one word, but part of the darkness was warm, and another part of the same darkness was calm. There were gradations even though use the same word. Drawing with colors makes it possible to express the differences in details like that.

We think the colorful world is usual and part of our daily life. But that colorful world of our town and in our mind could be taken from us. Once we lose the color in our daily life, I thought that it was very important work to get back the color for ourselves again.

At the end of the workshop, one idea came to me. I wonder if I would add another thing to my evacuation goods, a favorite color stole might be good.



The sharing time



Popoki's Interview

Interviewee: Vivian

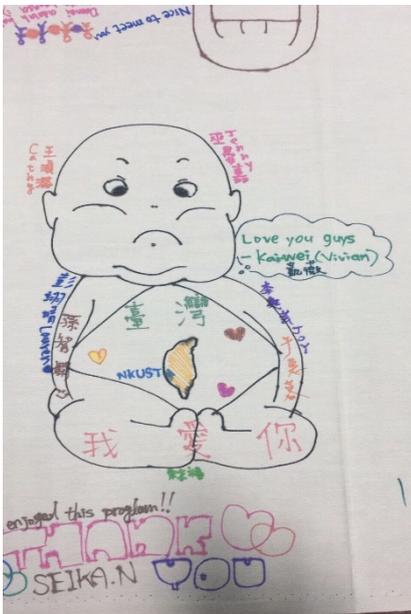
Interviewer: Lanyan

1. Please tell us about yourself and your work.

My name is Vivian. I come from Taiwan, and I am a student at National Kaohsiung University of Science and Technology in Taiwan.

2. Were you interested in disasters before taking part in the UNESCO Summer Program?

I didn't study about the disasters before going to Indonesia. I just knew it from the news and didn't pay much attention to it. And there was an incident, which deeply hurt me. It happened in Kaohsiung, the gas explosion, and it was the most impressive disaster I have ever experienced. I am lucky not being a victim, but it still made me upset.



(Vivian's drawing at one of the cloths that Popoki brought to Indonesia)

3. When and how did you meet Popoki? What do you think you learned from Popoki's work?

I met Popoki at UNESCO Summer Program, he taught me that there are no differences between you and me, boys and girls, if there is love, we are all the same.

4. Now when you have been studying about disasters for a while, what is the first thing that comes to your mind when you think of the current disasters around the world?

There are many disasters happening every time, and we never get to know about them. For example, we heard tsunami happened in Indonesia after we came back to Taiwan. I felt that I need to cherish everything I have, and also I want to share the same words with everyone around.

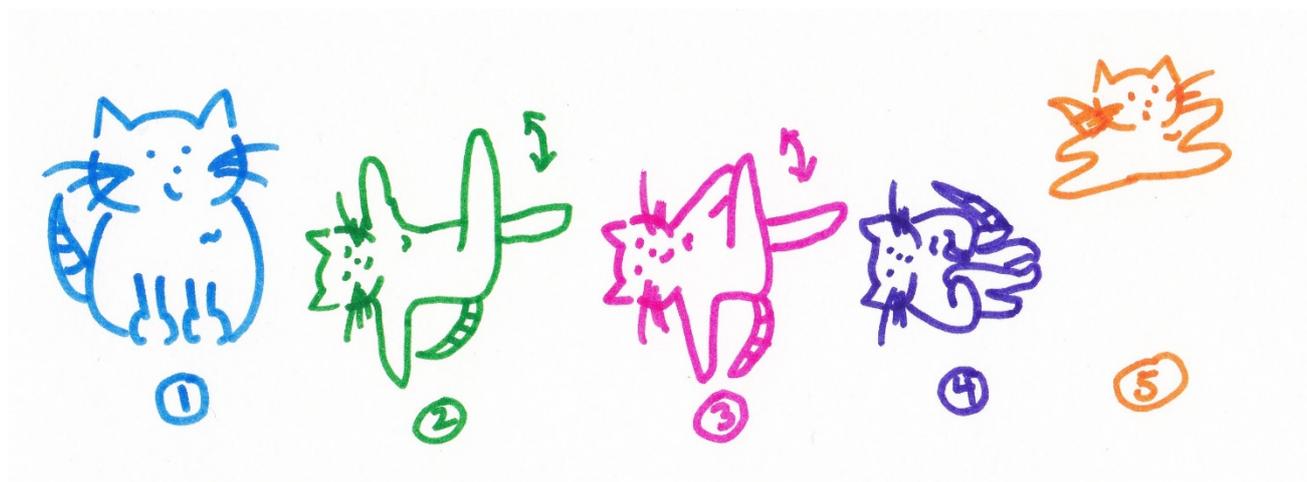
Hope to meet the UNESCO Summer program crew and Popoki again, but before our meeting, we should keep going and working on improving ourselves.



POPOKI'S EASY POGA

Lesson 129

This month's theme is stretching in bed!



1. First, as always, sit up straight and look beautiful.
2. Now, lying on your back with your arms spread to the sides, raise your right leg and stretch it to your left side. Is it easier if you bend your knee? Try the other side, too.
3. Now, bring your right leg over and stretch out your left hand to hold your toes! How about on the other side.
4. Finally, cross your arms over your bent knees, stretching your lower back and rear end.
5. Did it? Even if you didn't succeed, you tried! It is time for the 'success pose.' Congratulations! Do you feel refreshed? Please remember to relax, breathe, laugh and practice for 3 minutes every day.

Please join us!



Next Po-kai: 2019.3.19 19:00~ Nada Yakuzaishikai (near JR Rokkomichi)

2019.4.12 Art, disaster & feeling safe workshop. 19:00 @ Greenberry's Cafe

2019.4.20 Report meeting: Popoki in Otsuchi and Ofunato 2019! Kobe Student Youth Center 18:00~

6.30 Nada Challenge!

From Popoki's friends:

New children's book: text: Seiko Chujo; translation: Ronni Alexander, *The Cans of Forest* (English/Japanese version), Epic, 2017.

ポーポキ・ピース・プロジェクト



Popoki Peace Project

大槌町・大船渡市 活動報告会 2019

Report meeting on Otsuchi and Ofunato activities 2019

ポーポキ・ピース・プロジェクトは、2005年より身体と感性と想像力を使って平和を創造する活動をしている団体です。2011年からは、岩手県大槌町を訪れて「友情物語」という活動を行っています。

このたびは2019年2月8日から2月11日まで、岩手県大槌町で展示活動など、大船渡市でワークショップをしました。最近の大槌町の様子、初めての大船渡活動、最近のポーポキの動向など、みんなと共有し話し合えればと思います。

ポーポキのお友だちも、ポーポキをまだ知らない方もみんな、歓迎します！

Popoki Peace Project is an organization emphasizing use of the body, senses, and imagination in creating peace through workshops and other activities from 2005. Since 2011, we have visited Otsuchi-cho, Iwate Prefecture and done activities of Popoki Friendship Story.

This year we had an exhibit and other activities in Otsuchi, and a workshop in Ofunato City from 8 – 11 February. We would like to share and discuss what is happening in Otsuchi, our first experience in Ofunato, and Popoki's current activities.

Popoki's friends, those who have not yet met him or don't know him well, everyone is welcome!

日時/Date : 2019年4月20日(土) 18:15~20:00 (18:00 会場・open)

場所/Venue : 神戸学生青年センター Kobe Student Youth Center

神戸市灘区山田町 3-1-1 Nada-ku Yamada-cho 3-1-1 Tel.078-851-2760

参加費/Fee : 無料 Free

言語/Language : 日本語/英語 Japanese/English

主催/ : ポーポキ・ピース・プロジェクト Popoki Peace Project

お問い合わせ・お申込み/ Information and Reservations

ronniandpopoki@gmail.com

会場地図 MAP



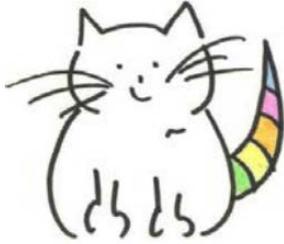
Popoki in Print * Back issues of Popoki News:



http://popoki.cruisejapan.com/archives_e.html

"Popoki Mini Peace Film Festival," Kobe YMCA News No.652, July/August 2017, p.3

- ESD Digital Archives, Kansai Council of Organizations for International Exchange
<http://www.interpeople.or.jp>
- "Peace Picture Book Published – linked to disaster support in East Japan" *Kobe Shimbun* (2014.3.25) KIHARA Kana
- "Awards given to 37 groups Daiwa Securities Foundation" *Kobe Shimbun* (2013.8.23 p.8)
- "Reproducing 'human shadows' and asserting no nukes" *Kobe Shimbun* (2013.8.7 p.22)
- 'Draw inner thoughts about disaster' *Yomiuri Shimbun* 2013.2.16:4 (evening edition; Japanese)
- "'Safe' and 'Secure' Society is from the bottom-up", *Mainichi Shimbun Interview with Ronni Alexander*, 2012.10.29, p.1 (evening edition; Japanese)
- R. Alexander. "Remembering Hiroshima: Bio-Politics, Popoki and Sensual Expressions of War." *International Feminist Journal of Politics*. Vol.14:2:202-222, June 2012
- "Article 9 is at the base of Peace with Popoki" *Kodomo to Mamoru 9 jono kai News*, No.66, 2012.5.12
- "Hope on 60 meters of cloth" Etsuko Akuzawa. (In Japanese) *Asahi Shimbun* 2012.1.21
- "Voice for Peace made into a book" Masashi Saito. (in Japanese) *Kobe Shimbun*, 2012.1.19
- K. Wada. "Conversations with Ronni Alexander: The Popoki Peace Project; Popoki, What Color is Peace? Popoki, What Color is Friendship?" *International Feminist Journal of Politics* Vol.13, No.2, 2011, 257-263
- S. McLaren. "The Art of Healing"(Popoki Friendship Story Project) *Kansai Scene*. Issue 133, June 2011, p.10. kansaiscene.com
- R. Alexander. (2010) "The Popoki Peace Project: Creating New Spaces for Peace in Demenchonok, E., ed. *Philosophy after Hiroshima*. Cambridge Scholars Publishing, pp.399-418
- 省窓: Column in *Kobe YMCA News*, No.606, 2011.1, p.1 (*In Japanese*)
- "If we all participate, something will change! Reflecting on Palestine" *THE YMCA* No.607 June 2010, p.1 (*YMCA Japan Monthly Newspaper*)
- Hiroshima and the World: What Color is Hiroshima? Chugoku Shimbun Peace Media Center, http://www.hiroshimapeacemedia.jp/mediacenter/article.php?story=20100312140608602_en 2010.3.15
- FM COCOLO 76.5 'Heart Lines' 2010.1.9 Japanese Interview: Ronni on Popoki in Palestine
- "Human Rights, Popoki and Bare Life." *In Factis Pax Journal of Peace Education and Social Justice* Vol.3, No.1, 2009, pp.46-63 (<http://www.infactispax.org/journal/>)
- Nishide, Ikuyo. "Popoki, What Color is Peace? Lecture by Ronni Alexander." "PPSEAWA" (Pan-Pacific and south-East Asia Women's Association of Japan), No.63, 2009.12, p.5
- 'Friendship' No.2 2009.11 Itami City International/Peace Exchange Commission, Annual Events, p.1-2.
- 'Not for But With...' No.79, 2010.1 Notice of the Popoki Peace Challenge event. P.12
- 'Nada' notice of the Popoki Peace Challenge event, 2009.12, p.2
- 'Yujotte...Kangaeru Ehon.' *Asahi Shimbun* 2009.7.2 AKUZAWA Etsuko
- 'Yujo wo kangaete – Ningen to, Neko to, soshite Jibun to,' *RST/ALN*, No.259 2009.6.28, p.11
- 'New Books: *Popoki, What Color is Friendship? Popoki's Peace Book 2*' (Rebecca Jennison) "Cutting-Edge," Vol.35 2009.6, p.3
- 'Thinking about Peace with a Cat: Second Peace Book Published.' (SAITO Masashi) *Kobe Shimbun*, 2009.4.21
- 'Popoki, What Color is Peace?' *Kobe YMCA News*, 2009.3.1. No.593. p.2
- 'Popoki, What Color is Trash?' *Kobe YMCA News*, 2009.1.1. No.592. p.2
- 'Tomodachi ni Natte Kuremasenkai,' *RST/ALN*, 2009.2.22
- Popoki on the radio. <http://www.kizzna.fm/> Click on 6CH to hear the program and reading of Popoki in Japanese (No longer available)
- 'Yasashii kara hito nann desu Exhibition Organizing Committee 'Universal Declaration of Human Rights.' Hyogo Buraku Liberation and Human Rights Institute. 2008.10. ¥500. For information contact: blrhyg@osk3.3web.jp
- "KFAW College Seminar: What Color is Peace for Women? Thinking about Peace, Violence and Gender with Popoki." *Asian Breeze* No.54 October 2008, p.8 (Kitakyushu Forum on Asian Women)
- *Kobe Shimbun* "Human Rights Declaration Exhibition Panels: 6 Local Hyogo Artists Illustrate all 30 Articles" 2008.10.8. p.10
- "An Interview with Dr. Ronni Alexander." *The Newpeople*, Pittsburgh's Peace and Justice Newspaper, Vol.38 No.9, October 2008, p.5
- Human Security – Dr. Ronni Alexander speaks about Hiroshima and Nagasaki." *The Newpeople*, Pittsburgh's Peace and Justice Newspaper, Vol.38 No.9, Oct. 2008, p.4
- Popoki in Pittsburgh. Check out the Remembering Hiroshima/Imagining Peace URL: <http://www.rememberinghiroshima.org/>



What Popoki Means to Me

Satonyan

Now I don't have enough space in my mind to breathe.

I don't know from when this situation started.

I think it is getting worse and worse.

I can't remember... from when it started accelerating.

At times like this, there are Popoki activities.

When I think rationally about it, there just isn't time for everything and I feel quite tired.

I participate and when the preparations and arrangements (Ronyan does most of them) are done, I am even more tired

But then during the activity, I definitely start to feel better and happier.



Even though I might start the activity crawling on the floor, at some point I find myself flying up near the ceiling.

Moreover, when the activity ends, there is a kind of satisfaction I don't feel at other times.

If you doubt what I say, please let's try it together.

If you are too busy, wouldn't you like to try it?

I'm sure you will get hooked, too.



PLEASE HELP SUPPORT THE POPOKI PEACE PROJECT!

The Popoki Peace Project is a voluntary project which uses Popoki's peace book and DVD to promote peace through various activities such as peace camps, peace workshops, seminars and other activities. Since the March 2011 earthquake, we have also worked in the disaster area and in 2012 published a book about that work: *Popoki's Friendship Story - Our Peace Journey Born Out of the Great Northeastern Japan Earthquake. Popoki, What Color is Peace?* has been translated into Thai, Chinese, Korean, Khmer, Indonesian, Tetun and Bengali, Vietnamese, Arabic and Hebrew. Spanish, Farsi, Lao, Swahili, translations are underway. If you would like to translate Popoki, or have a way to have the book sold at your local bookstore, please let us know.

How to purchase Popoki's books from outside of Japan



1. Go to your local Japanese bookstore: Kinokuniya, Maruzen, etc. (or their website)

2. In the US, thanks to a very satisfied customer, *Popoki, What Color is Peace? Popoki's Peace Book 1* can be ordered from Kinokuniya Bookstore in Los Angeles. The bookstore is at

www.los_angeles@kinokuniya.com and the telephone number is 213.687.4480. The price is US\$20.00 plus tax.

Some ways to purchase *Popoki, What Color is Peace? Popoki's Peace Book 1, Popoki, What Color is Friendship? Popoki's Peace Book 2, Popoki, What Color is Genki? Popoki's Peace Book 3* and *Popoki's Friendship Story* from inside Japan

From the publisher, Epic: TEL: 078-241-7561·FAX: 078-241-1918

From Amazon.co.jp or your local bookseller

From the Popoki Peace Project ([popokipeace\(at\)gmail\(dot\)com](mailto:popokipeace(at)gmail(dot)com))



Contributions are always welcome!

Popoki Peace Project popokipeace-at-gmail.com

<http://popoki.cruisejapan.com>

From within Japan, please use our Postal account or

Postal bank account:

Account Name ポーポキ・ピース・プロジェクト神戸

Postal Account number: 00920-4-28035

Postal Bank (Yuucho Ginko) account number: Branch No.:099; Branch name: 009 店、special account(当座) 0280350

THANK YOU

FROM

POPOKI!

